



DANGER

Check For Danger.
Do not put yourself
or others in Danger.



RESPONSE

Gently Tap the
Shoulders and
shout for help.
Unresponsive?



AIRWAY

Open the Airway
by slightly tilting
the head and
lifting the chin.



BREATHING

Look, Listen and
Feel for Normal
Breathing.



5 RESCUE BREATHS

Not Breathing
Normally?
5 Rescue breaths.



BREATHING

Check for Breathing.
No Signs Of Life?

Child CPR



Dial 999 or 112 then start CPR

30 COMPRESSIONS

Carry out:

30 Chest Compressions



2 RESCUE BREATHS

CPR. 2 Rescue breaths. Followed by 30 Compressions

Repeat 30 - 2

DONT STOP

